

# Study Skills



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## We are all unique learners

Not one way of studying or revising will suit all. Understanding how you learn best will make studying easier and help you to retain information better.

### Learning styles:

- Visual learner
- Kinaesthetic learner
- Auditory learner

Research these different styles, which suits you better?

### How do you take notes?

This may be something you have never explored:

- Linear notes
- Cornell notes
- Mind maps
- Diagram



### Highlighting

Highlighting helps to retain information, when highlighting – be sure to picking out key information rather than big chunks at a time.



### Retrieval practice

The ability to think about key information without reading notes or books. Practice doing this and you will retain what you have learnt much better.

### Test yourself

Ask friends, families and peers to test you.

- Present your work to others and ask for feedback
- If possible – do past papers, these can be found online

### Spaced learning:

We remember information better when we revise for short amounts, spaced out. Spending six hours of revision over a week is better than cramming it into one session. Spacing your learning will help you retain information longer term.

### Top tips

Ensure you have a good source of light.

- Sit at a desk where possible – a kitchen table will be fine!
- Avoid distractions, put your phone away
- Make sure you have plenty of water and healthy snacks

### Essay writing – where to start?

1. Identify key ideas from the title – what first comes to your mind?
2. Brainstorm initial ideas and thoughts
3. Have a look on your reading list – what books relate to your brainstorm?
4. Write notes on your chosen books
5. Pull all notes and mind maps together, what should stay and what should go?
6. Plan and write your introduction
7. Turn your notes into main points and add to the essay
8. Conclude!
9. Always make sure to proof read – ask someone else if they can check for you too

