

# Revision Skills



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Produced by the  
**Schools and Colleges Liaison Service**

[schools.liaison@hud.ac.uk](mailto:schools.liaison@hud.ac.uk)

## Re-vision: To look, to see again and to look with fresh eyes!

Learning styles: Below are three different learning styles and tips on how to adapt your revision to suit your style. You can find lots of information about learning styles on the internet.

### Visual learners:

- Flash cards
- Mind maps
- Diagrams
- Timelines
- Videos



### Auditory learners:

- Use rhymes to remember key words/concepts
- Mnemonics
- Audio books
- Record yourself reading your notes and listen back

### Kinetic learners:

- Practice past papers, found on exam board websites
- Make/present a PowerPoint of key information
- Get involved in debates
- Where possible, attend workshops

### Ramp your work up

- Don't delay and leave yourself a mountain to climb!
- For each 25 minutes of work you do, give yourself a 5 minute break.

### Rehearsal:

- In order for information to transfer from short-term to long-term it must be rehearsed.
- Actions must be repeated to be remembers – allow time to go over your revision multiple times.

### Remove distractions

- What distracts you when revising? Your phone? The TV? Siblings?
- Where possible, remove distractions – allow yourself to check the phone/TV when you have your 5 minute break.

### Rehearsal:

- Where possible, sit at a desk rather than in bed/on the sofa
- Set the noise levels -will listening to music help?
- Ensure you have plenty of healthy snacks and water
- Ensure to exercise and be active
- Create a revision timetable

### Create a timetable

Creating an exam timetable will help add structure to your revision and help to avoid procrastination. Use the steps below to help put a timetable together.

#### Once a week:

- Write up a list of things you need to study/accomplish the following week
- Look through your diary and decide how many hours you will dedicate to studying (try not to do more than four hours in a day)
- Choose specific days and times to study
- Choose what you will do on each day, be specific, for example – begin planning an assignment/revise for an upcoming exam/write x amount of paragraphs in an assignment

