Learning styles: Below are three different learning styles and tips on how to adapt your revision to suit your style. You can find lots of information about learning styles on the internet.

<table>
<thead>
<tr>
<th>Visual learners:</th>
<th>Auditory learners:</th>
<th>Kinetic learners:</th>
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<tbody>
<tr>
<td>• Flash cards</td>
<td>• Use rhymes to remember key words/concepts</td>
<td>• Practice past papers, found on exam board websites</td>
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<tr>
<td>• Mind maps</td>
<td>• Mnemonics</td>
<td>• Make/present a PowerPoint of key information</td>
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<tr>
<td>• Diagrams</td>
<td>• Audio books</td>
<td>• Get involved in debates</td>
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<tr>
<td>• Timelines</td>
<td>• Record yourself reading your notes and listen back</td>
<td>• Where possible, attend workshops</td>
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<td>• Videos</td>
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Ramp your work up

- Don’t delay and leave yourself a mountain to climb!
- For each 25 minutes of work you do, give yourself a 5 minute break.

Rehearsal:

- In order for information to transfer from short-term to long-term it must be rehearsed.
- Actions must be repeated to be remembered – allow time to go over your revision multiple times.

Create a timetable

Creating an exam timetable will help add structure to your revision and help to avoid procrastination. Use the steps below to help put a timetable together.

**Once a week:**

- Write up a list of things you need to study/accomplish the following week
- Look through your diary and decide how many hours you will dedicate to studying (try not to do more than four hours in a day)
- Choose specific days and times to study
- Choose what you will do on each day, be specific, for example – begin planning an assignment/revise for an upcoming exam/write x amount of paragraphs in an assignment

Remove distractions

- What distracts you when revising? Your phone? The TV? Siblings?
- Where possible, remove distractions – allow yourself to check the phone/TV when you have your 5 minute break.