

Welcome to your

Corporate Health Cash Plan



Statement of Demands and Needs.

This plan makes it easier for you to look after everyday healthcare needs. It also comes with access to a range of wellbeing services available via our online Members' Area. Simply choose a level of cover that suits you and pay via payroll deduction.

*my*wellness

All these are yours to access to help keep you in the best of health:

- ★ **My Counselling** 24/7 Counselling and support helpline.
- ★ **My GP Anytime** Direct line to a doctor via phone or video chat.
- ★ **My Health Assessments** Online health and lifestyle analysis.
- ★ **My On-Demand Physio** Consultations via phone or video chat.
- ★ **My PERKS** Deals and discounts from great brands.
- ★ **My Cancer Screening** Access to a selection of tests that help to detect the early stages of some common cancers.
- ★ **My Home Assistance** Practical help following hospital treatment.

About your plan:

- ✓ 100% money back on everyday healthcare*
- ✓ Children up to the age of 21 living at home and studying full time are covered at no extra cost
- ✓ Any partner and dependent children you want to include get their own benefit allowances
- ✓ No medical required prior to joining the plan
- ✓ MyWellness; easy-to-access services that support your physical and mental wellbeing

*Subject to annual review and annual limits



The Corporate Health Cash Plan at a glance.

There are six levels of cover.

How much it will cost you per month:

	ACCESS LEVEL	LEVEL 1	LEVEL 2	LEVEL 3	LEVEL 4	PRESTIGE LEVEL
For just you	£5.40	£10.82	£24.94	£37.38	£52.50	£79.80
For you and your partner	£10.80	£21.64	£49.88	£74.76	£105.00	£159.60

How much you can claim:

Child Cover

The total amount each adult can claim back on each benefit per year.

Dental	✓	£50	£85	£150	£205	£265	£345
Optical	✓	£50	£85	£150	£205	£265	£345
Chiropody	✓	£50	£85	£150	£205	£265	£345
Prescriptions Per Item		1	2	3	4	5	6
Health & Wellbeing	✓	£50	£85	£150	£205	£265	£345
Health Screening	✓	£45	£75	£135	£185	£240	£315
Combined Physiotherapy	✓	£85	£155	£345	£460	£635	£800
Hospital Benefits*	✓	£10	£20	£45	£65	£85	£110
Parental Hospital Stay**		£5	£10	£25	£35	£45	£55
Specialist Consultation, ECG, X-ray, MRI scans	✓	£75	£150	£250	£390	£525	£675
Dental Accident	✓	£100	£200	£400	£600	£800	£1000
Maternity / Adoption A single payment		£75	£150	£300	£560	£695	£900
Personal Accident Protection A single payment	✓	£2500	£5000	£10000	£15000	£20000	£25000
Family Planning		—	—	—	—	—	£500
Critical Illness	✓	—	—	—	—	—	£2000
Sickness and Accident Protection		—	—	—	—	—	Contribution protection for sickness and accident
Fitness and Exercise^	✓	—	—	—	—	—	£100 contribution

*We combine hospital inpatient and hospital day-surgery benefit payments. The maximum period for receiving combined daily or nightly rates of benefit is 25 in any one benefit year.

**Claim up to a maximum of 25 nights per benefit year for parental hospital stays

^Contribution towards a gym membership, swimming sessions, exercise classes or a personal trainer via the Health Shields Members' Area.

The above benefits and allowances are the maximum levels that apply to your plan. The costs, benefits and the benefit level are subject to an annual review and so may change in the future.

Discover more at healthshield.co.uk

Health Shield Friendly Society Limited is authorised by the Prudential Regulation Authority and regulated by the Financial Conduct Authority and the Prudential Regulation Authority.

To ensure we're doing a good job, we may monitor or record calls.

This is a Financial Promotion.

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health shield 
The best of health