Nurse-led research and education in a low-middle income country
The Mongolian experience

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World Bank Income classifications 2017

Gross national income per person

- Low: $995 or less
- **Lower middle: between $996 and $3,895**
- Upper middle: between $3,896 and $12,055
- High-income: $12,055 or more

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Mongolia

- A 'lower middle income country' ($3,830 p.c)

- 3.5 million population

- Ulaanbaatar, capital city, pop. 1.4 million,

- Lowest density population in the world.

- Declining poverty rate

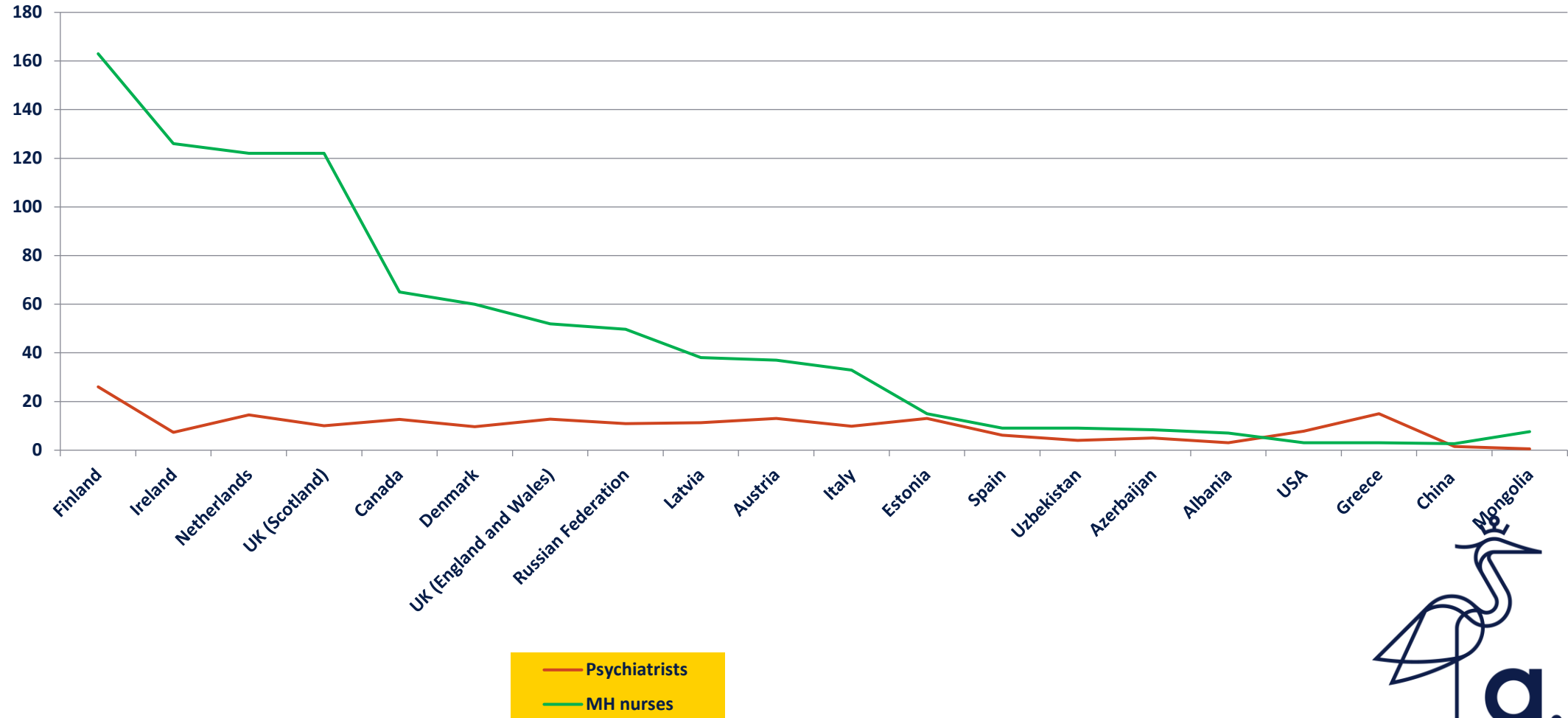- Life expectancy - 68.8 (ranked 122nd in world)

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Ulaanbaatar

Mental health workforce per 10000 population (WHO ATLAS 2017)

National Centre for Mental Health

Funding body- European Commission

- Erasmus programme established in 1987

- 3.3 million students to date

- Erasmus + : set up in 2014, up to 2020

- 14.7 billion for education, training, youth and sport

- To be trebled in 2021-30

- Capacity building in higher education

- Aims to strengthen skills of university staff and make courses fit for purpose in todays job market

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The Mongolian Mental Health Nurse Training project (MoMeNT)

MoMeNT project awarded **1 million euros** in 2018

Aimed to

1. improve:

- Teaching skills of faculty
- Clinical skills of nursing workforce in mental health settings
- Care delivered to people with mental illness
- Physical teaching environment

2. Raise the status of nursing in society

3. Establish international relationships

4. Address stigma

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6 project partners

- **European Union**
  - University of Essex (UK)
  - Turku University of Applied Science (Finland)
  - Utrecht University of Applied Science (Netherlands)

- **Mongolia**
  - Mongolian National University of Medical Science
  - Enerel Medical Institute
  - Etugen University

- **+ Associate Partners**

Achievements

- Mental health curricula collated from 7 countries
- Topics for post graduate programme identified through consultation process
- 5 modules identified
- Curriculum focusing on recovery, patient rights, and reduction in restrictive and coercive practices developed
- Over 50 sessions co-facilitated by Mongolian and external colleagues
- Engagement from 33 non-partner MH nurses in NHS and HEIs across the world

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Outputs

- 6 month post graduate certificate piloted + accredited
- 19 (out of initial 24) students graduated
- 15 Mongolian clinicians visited London prior to pandemic
- 7 peer reviewed publications
- Comparison of training needs before and after using a measure developed for the project
- Evaluation of session and module delivery by students

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In summary

- Enormously challenging programme: language, culture, cross country communication

- Delivered:

curricula review, agreement on new post grad course, and engagement in delivery

Relationships established and confidence building of nurses engaged in delivery of the programme

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Next steps

- Research to underpin achievements: translated measures to evaluate workforce wellbeing, morale, burnout, job satisfaction, impact on patient care

- National survey of workforce wellbeing and attitudes to mental illness planned for 2022

- Refining taught component of post graduate course for use in England is now underway- to be delivered to international recruits to mental health services (NHSE/I funded)

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