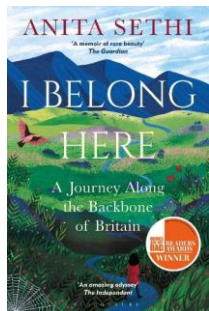


South Asian Heritage Month 2023 – ‘Stories to Tell’

The theme of 2023 South Asian Heritage Month is ‘Stories to Tell’, celebrating the stories that make up a diverse and vibrant community. In this newsletter we have compiled our picks of non-fiction writing, literature, cookbooks, playlists, films, and more, giving a glimpse into the wide array of stories that illustrate South Asian life, culture, and heritage in Britain.

Memoirs and non-fiction writing

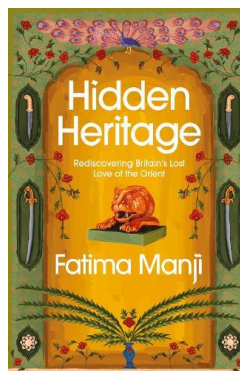
[I Belong Here – Anita Sethi](#)



A mix of memoir and nature-writing exploring the Northern countryside, Anita Sethi's account of finding solace in nature following a traumatic racial attack.

[Hidden Heritage – Fatima Manji](#)

A powerful, essential perspective on British history, exploring how objects and artworks across Britain give view to Britain's historical connection to the Orient.



Cookbooks

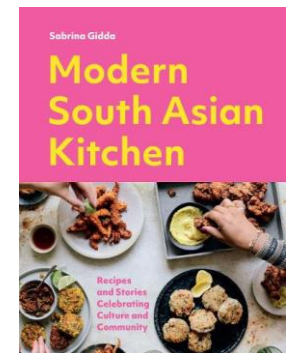
[Jikoni: Proudly Inauthentic Recipes from an Immigrant Kitchen – Ravinder Bhogal](#)

Ravinder was born in Kenya to Indian parents and moved to London as a child. This cookbook encapsulates Ravinder's playful approach to cuisine, lending traditions, ingredients, and recipes from one culture to another to form what some might call 'immigrant cuisine', all while evoking stories illustrating the relationship between food, culture, place, and identity.

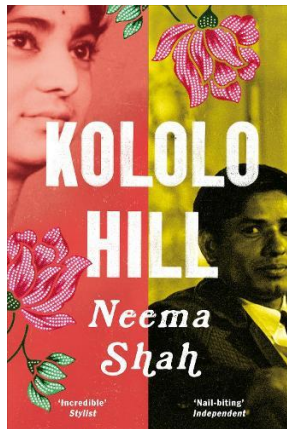


[Modern South Asian Kitchen: Recipes and Stories Celebrating Culture and Community – Sabrina Gidde](#)

Sabrina's cookbook unites her career in modern European kitchens with her Punjabi heritage, as well as featuring and paying tribute to her mother and grandmother's signature dishes. She aims to 'create new traditions as well as honouring old'. Sabrina's book also features personal stories and conversations with eight of her 'sisters' from South Asian heritage.



Novels and fiction

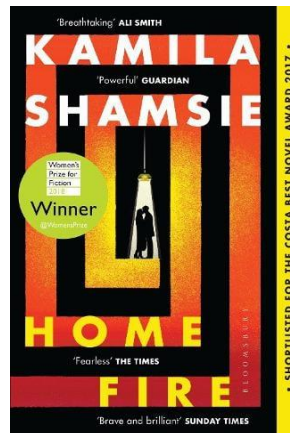


Kololo Hill – Neema Shah

Set during the expulsion of Ugandan Asians by Idi Amin in 1972, this highly acclaimed novel tells an emotional tale of a fleeing family from Kampala to London.

Home Fire – Kamila Shamsie

Winner of the Women's Prize for Fiction, this novel reworks Sophocles' Antigone, exploring themes of love, loyalty and conflicts of identity and politics between two British Muslim families.



Film & cinema

Did you know you could catch Bollywood and South Asian films at Odeon? You can view [their showings and timetable online here](#).

Playlists

Bridge to Bombay

Catch the amazing South Asian artists, with Raja Kumari

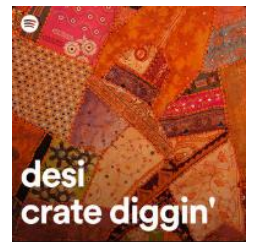
Desi Indie

Home to the best South Asian indie scene.

Desi Crate Diggin'

Electronic tunes brought to life by South Asian samples.

Playlists developed by Spotify.



Below you can find more compilations of South Asian literature, writing, film and more:

[Bloomsbury's pick of books to celebrate South Asian heritage month](#)

[South Asian Non-Fiction Books, compiled by Waterstones](#)

[British Film Institute's list of 10 great films about South Asian Britain](#)